

# Beauty Shot Recipe

by: **bambuearth**<sup>TM</sup>  
Responsible Soap + Skincare



## INGREDIENTS:

1 lemon, juiced  
1 inch of ginger (grated or juiced)  
1 tbs. turmeric powder  
dash of cayenne (optional)

mix all ingredients together,  
serve in a shot glass



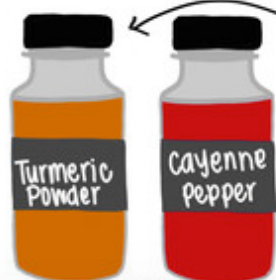
## BENEFITS:

Vitamin C booster,  
balances the body's pH level, boosts  
immune system.

anti inflammatory, anti-septic,  
anti viral, and anti-histamine

powerful anti inflammatory,  
helps detoxify the liver and  
neutralize free radicals which can lead  
to wrinkles, cellulite, and fatigue

rich in vitamins A & E, and  
antioxidants that reduce  
inflammation fighting free radicals  
and naturally slowing the aging  
process



optional

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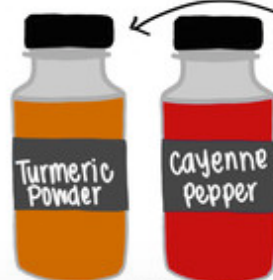
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